



THE *Trinity* ROOM

MIND BODY SPIRIT

HEALER CERTIFICATION

WELCOME TO YOUR CERTIFICATION PROGRAM

WITH QUANTUM HEALER & LIFE COACH
AMBER FRELIN

In the 12 week Quantum Energy Healer Certification Program you will become certified as an Energy Healer & who specializes in Subconscious Reprogramming, Biohacking and Epigenetic Meditation.

I am here to personally equip you with my expertise in all of the above areas. You will be fully qualified to facilitate everything that I do with clients in these areas as well as receive your own healing during the program. You will have my full support in your own growth as well as my assistance with your own clients for the entire 12 weeks.

We meet on a weekly basis for 60-90 minutes.

Throughout this program we focus on YOUR personal growth and healing in the same manner that you will with your own clients. This is time for you to heal you. This is a very important and often overlooked part of a certification program. It is important for you to be strong, centered and fully confident before you begin to facilitate healing for others.

WHAT MAKES THIS PROGRAM DIFFERENT?

-THIS IS NOT JUST A
COACHING PROGRAM

-THIS IS NOT A BASIC
HEALER CERTIFICATION
PROGRAM

.....

"AS A QUANTUM HEALER I
HELP MY CLIENTS TO
REPROGRAM RECURRENT
THOUGHT PATTERNS AND
HABITS THAT NO LONGER
SERVE THEM. THIS IS WHAT
I WILL DO FOR YOU AND
THEN TEACH YOU HOW TO
DO FOR OTHERS."

YOU GET THE
OPPORTUNITY TO HEAL &
LEARN TO HELP OTHERS
HEAL....

WHATS INCLUDED

THE ROADMAP TO SUCCESS

I am here to assist you into a place where you are FULLY confident to help others transform any area of their lives while you have the chance to heal, yourself.

This gives you a very broad perspective of what your client will experience and you will remember what it was like to navigate through this transformation yourself.

What I do as a Quantum Coach & Healer is teach people how to maximize the best kept epigenetic secrets as well as utilize the most effective technologies on the planet in energy healing. Specifically Subconscious Reprogramming, Biohacking & Epigenetic Meditation.

I will assist you in creating the physical and emotional state you have always dreamt of while actually having fun, AND bringing more peace and clarity into your life.

I will personally assist you in releasing your own Subconscious Blocks using Subconscious Reprogramming Technologies. We ALL have hidden belief systems that can keep us stuck running the same programs over and over. These blocks can keep us from achieving our goals in all areas of life. We will dive deep to find and release these things for good. I will then teach you the exact technology so you are able to facilitate this for others, with proof of results every single time.

"In all of my time coaching & healing I have found that the healer ALWAYS needs their chance to heal."

~~~~~

*"You will transition to healing others while you make the time to heal yourself."*



*"This hybrid program will allow you to heal and also certify you to heal others while at the same time, giving you a whole new perspective on life ."*

# WHAT IS INCLUDED

## THE BREAKDOWN

- **12 weeks of PRIVATE COACHING** with Quantum Life Coach & Energy Healing Practitioner **AMBER FRELIN**

- Learn the skills and techniques to **help others while you continue to heal and grow.**

- Full deep dive into **BioHacking**. The premise that **what we put into our bodies & minds is what we get out of our lives.**

-Including but not limited to: Nutrition, Movement, Nature, Music, Morning and Evening Routine, Meditation, Thought Patterns, Flow State, Gratitude Practices and overall Life Perspective.

- Full deep dive into **Epigenetics & Epigenetic Meditation.**

- Weekly Private guided Epigenetic Meditation.

-You will **become an Epigenetic Meditation Specialist** during this program and learn to facilitate this for others.

- **Quantum sensitivity testing** for foods, supplements and other products you use as well as learning how to test others.

- Weekly Subconscious Reprogramming Sessions to **clear Subconscious Blocks** keeping you stuck and unable to get the results you truly desire.

- Weekly **goal setting and accountability.**

- Facilitate **Subconscious Reprogramming** for your clients.

-Support with **Deeper Digging**, learn how to clear **Multi Layer Subconscious Blocks.**

-Support with deeper issues such as **addiction and deeply engrained habit patterns** and how to heal them from the root cause.

-**Detoxification** recommendations and tips for releasing toxins more quickly.

-**Find out what has been keeping you from reaching your goals, release Subconscious Blocks and FINALLY get results.**

- AND then help others do the same!

This program is tailored to YOU, and will include everything that YOU need to completely **transform your Body, Mind & Spirit** from every angle of my expertise.

once again...

This IS NOT your average Certification Program.

This is where we align **Body, Mind & Spirit**, to help YOU heal before you **confidently do the same for others!**

**Are YOU ready to EXPERIENCE** what it's like to finally be the Healer you have always wanted to be?

# HOW THIS PROGRAM IS DIFFERENT

## First and foremost..... YOU GET THE CHANCE TO HEAL YOURSELF!

Can you imagine becoming a Certified Healer and clearing Subconscious Blocks for others without having the opportunity to be coached and clear your own Subconscious Blocks as well?

Chances are you would be going forth and starting your own practice while still having financial blocks, relationship blocks, blocks around confidence and deserving (just to name a few). Can you see how this would make it very difficult to step fully into your role as a professional healer?

The main reason that this program is different is because I took that into FULL consideration during the creation of this entire program. I was guided to leave plenty of sacred space, the entire time, for YOU to heal. I did this not only because YOU deserve it and healers tend to help themselves last, but also, so that when you are ready to heal others and grow a business your Subconscious Beliefs are in full support, and you have fully integrated Body, Mind & Spirit yourself.

## Here are some other reasons that this program is different:

- Most healers don't have a way to gauge their healing and prove that their work is effective. **With this program your clients will witness the results every single time.**
- You will **receive testimonials** that will blow your mind and grow your confidence **as you get started.**
- **Many programs are pre recorded and do not include personal coaching** at all OR, you have to **add coaching on for a separate fee.** Some even tell you once you are in, that **coaching is additional.** Anyone who offers a certification to you without coaching is expecting you to **navigate your way through learning how to work with clients blindly, without support, AND without healing yourself first!**
- Most new coaches who go through those programs **decide not to coach after-all,** because **they have a certificate without any personal healing or experience healing others.**
- Most certification programs **do not teach you how to market yourself,** build rapport with your future clients, **OR effectively enroll qualified clients into your program.** Leaving you with a **business that you have no idea how to run or even launch.**
- We not only teach you **how to brand yourself but also teach you the skills you need to grow a thriving practice & equip you with important tools and personalized support** along the way.
- We are your personal support team for the entire course as you transform your own life, so that you are able to do the same for others EFFECTIVELY!**
- You have the pleasure of **HEALING YOU FIRST,** and **witnessing first hand, the entire experience** that your clients will go through with YOUR support. **You are therefore able to have the deepest level of empathy for what your clients are experiencing, as well as the CONFIDENCE to facilitate their growth process.**

# WHAT IS INCLUDED

---

## THE 12 WEEK BREAKDOWN

### **Week One- THE FOUNDATION (root chakra) PLAN**

We set the Foundation for your custom roadmap to healing and transformation through taking a conscious inventory of major transitions & challenges in your lifetime. We take note of your starting point, traumatic moments that you consciously remember, and begin to look at your final goal. We make a plan for healing so that you find the freedom to live your life having healed from these times. We begin the healing process with clearing Subconscious Blocks around Safety & Security. You are able, for possibly the first time, to finally heal from the past. You will leave week One, having healed tremendously from the past, and excited for week Two. We explore your big vision for the future and map out your plan for success. We look at anything in their way and complete Subconscious Reprogramming around who you are becoming.

### **Week Two- YOUR PASSIONS IN LIFE (sacral chakra) PLAN**

We shift gears to manifesting your Passions in Life. We look at all of your deepest desires and non-negotiables in your life. We look at your life purpose and you begin to live from that place as you manifest into your life, the Abundance, Relationships, Health and anything else your Higher Self truly desires most. We work on clearing any Subconscious Blocks around Success & Abundance in all areas of life.

### **Week Three- YOUR PERSONAL POWER (solar plexus) LIVE VIDEO TRAINING**

We take a deep look into who you REALLY ARE at the deepest core of your being and how you are perceived by the world. At this point it becomes very clear, WHO YOU WANT TO BE and how you want to live the rest of your life.

On the business side we dive into all the tips and tricks of successful LIVE video marketing and all of the tools you need to get your message across in the most professional, powerful and impactful way.

### **Week Four- THE HEART OF THE MATTER (heart chakra) GROWING YOUR HEART CENTERED NETWORK**

This week we clear blocks on Decisiveness and Internal Knowingness, your connection to the all knowing version of you.

Today we master your day, priorities and time management. We go over the fastest way to grow an online network organically and all of the tools and tasks you need to do that with as little time commitment as possible.

# WHAT IS INCLUDED

## THE 12 WEEK BREAKDOWN

### **Week Five- SPEAKING YOUR TRUTH (throat chakra) EPIGENETICS**

Prior to this meeting please complete the Epigenetic training inside of Quantum Body for preparation. We dive deep today. Navigating all parts of the body in deep meditation to Master Epigenetic Meditation. I will walk you through all of the tools you will need to help others navigate the reprogramming of their bodies on a neural, cellular all encompassing level. On the business side you ramp up organic marketing strategies and clear the throat chakra by continuing to share your mission with the world!

### **Week Six- FULL INTEGRATION OF YOUR HEALER SELF (third eye chakra) BIOHACKING TRAINING**

Prior to this meeting please complete the BioHacking training inside of Quantum Body for preparation. We dive deep into the concept of (what goes in is what you get out) of you life in all areas. We will complete Muscle Testing for foods and nutrients. We take an inventory of everything you are consuming so that you are able to make necessary modifications as well as learn to make those recommendations to your clients in a way that serves their highest good. To close this session, you walk me through Epigenetic Meditation (from last weeks session) activating your third eye in the way of intuitively navigating an Epigenetic Journey.

### **Weeks Seven through Nine (crown chakra) Become a Confident Quantum Energy Healer (SUBCONSCIOUS REPROGRAMMING TRAINING) 3 FULL WEEKS**

Learn how to effectively walk a client through Subconscious Reprogramming. From Applied Kinesiology to find blocks all the way to clearing them out using Subconscious Reprogramming technologies and have proof before you move on, that the block was cleared. Learn deeper digging strategies and use your intuition to find stuck blocks, multiple layers deep and effectively clear them at once. This technology is the most effective way that we have ever found to help someone find success in any area of life, incredibly fast. It is science based and I will teach you how to explain all of the science to potential clients during these three weeks as well. You will learn all of the safety precautions to protect yourself and your energetic space as you work closely with clients.

### **Week Ten through Twelve- HEAL OTHERS & CONTINUE TO HEAL (SUBCONSCIOUS REPROGRAMMING PRACTICE) 3 FULL WEEKS**

Now is your time to heal others with my assistance. Effectively complete 3 live sessions with me and your chosen clients in order to receive your certification. Here you will be able to offer healings that I may assist you with and learn how to handle unexpected things that come up with clients that you may not yet be comfortable navigating.

# PRICING

## BREAKDOWN

Regularly: 12 week PRIVATE Personal Coaching separately is \$5280

Quantum Energy Healer Certification Program separately is \$5000

Both for \$10,280 separately

### ~2019 Specials~

(12 week coaching for \$4400)

"add on" Quantum Energy Healer Certification with no additional time commitment for only (\$2500)

### Get both Specials TODAY for \$6900 total

Payment plans require \$2000 down and 10% fee on payment plan portion,  
paid weekly and paid in full prior to certificate.

### BONUSES include:

-FULL access to the Quantum Body Healing LITE Course including ebook and 6 video module classes (\$197 value)

-FULL access to the Quantum Body Healing ADVANCED Course, PDF and 8 video module classes with 50 Subconscious Blocks Cleared & Multiple Quantum Body Bonuses (\$1388 value)

**\*\*EXTRA BUSINESS BONUS!!!!\*\***

FaceBook Messenger Bot Setup (\$750 value) Hard cost for you, only \$10 monthly

### RECAP:

~12 weeks of Quantum Business Coaching & Healer Certification!~

Including :

Weekly 60-90 minute sessions

Subconscious Reprogramming, Epigenetics, Biohacking

Business Coaching

~QUANTUM Energy Healer Certification~

You will be able to facilitate all of the same healings you have just experienced including Biohacking, Epigenetic Meditation and Subconscious Reprogramming, helping others to make profound growth and healing in their own lives.

Certification Completed after successful Subconscious Reprogramming sessions with 3 people and provided upon receipt of full payment.

If you have any further questions please reach out to me at: [amberfrelin@gmail.com](mailto:amberfrelin@gmail.com)

I look forward to working with you!

Amber Frelin

Quantum Healer & Life Coach

# YOUR CERTIFICATION

Upon completion of this program you will receive a Certificate of Achievement for the completion of

*The Trinity Room Quantum Energy Healer Certification Program*

